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CAPE CODDITIES

By

DENNIS and MARION
CHATHAM

WITH ILLUSTRATIONS BY
J. S. G. G. G. G.



BOSTON AND NEW YORK
HOUGHTON MIFFLIN COMPANY

1920



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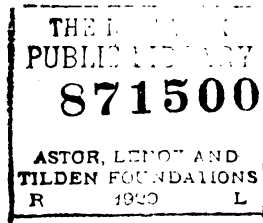
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W. H. B. 1920
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FOREWORD

THESE essays — thumbnail sketches of Cape Cod — should not be taken as a serious attempt to describe the Cape or to delineate its people. They merely express a perennial enthusiasm for this summer holiday land, to-day the playground of thousands of Americans, three hundred years ago the first “land of the free and home of the brave.”

Acknowledgments are here given to the *Atlantic Monthly* for permission to include “A By-Product of Conservation” and “Scallops,” to *The Outlook* for the same courtesy for “A Blue Streak,”

FOREWORD

and to *The House Beautiful* for "A
Casual Dwelling-Place."

THE AUTHORS.

January, 1920.



CONTENTS

I. <i>A Message from the Past</i>	1
II. <i>The Casual Dwelling-Place</i>	10
III. <i>The Ubiquitous Clam</i>	27
IV. <i>A By-Product of Conservation</i>	38
V. <i>Motor Tyrannicus</i>	51
VI. "Change and Rest" — <i>Summer Bargaining</i>	69
VII. <i>A Blue Streak</i>	87
VIII. <i>A Fresh-Water Cape</i>	97
IX. <i>Al Fresco</i>	112
X. <i>Models</i>	122
XI. "A Wet Sheet and a Flowing Sea"	132
XII. <i>My Cape Farm</i>	140
XIII. <i>Scallops</i>	154
<i>Aftermath</i>	166



CAPE-CODDITIES

I

A MESSAGE FROM THE PAST

Is it not strange that people who dwell in the same city block from October to May, enjoying with mutual satisfaction the life which touches them equally, should from May to October show such varying opinions that argument is futile? These people who have wintered so happily to-

[1]

CAPE-CODDITIES

gether may be placed in three classes — those who claim for the State of Maine the exclusive right to the title of “God’s Own Country,” those who think of the North Shore and Paradise as synonymous, and those other fortunates whose regard for Cape Cod places it second only to heaven itself.

Therefore, it is interesting to read the following passages and to find these same divergent views of the Cape in earliest times.

Captain John Smith in his account of New England in 1614, in a passing reference to Cape Cod, says it “is a headland of high hills of sand overgrown with shrubbie pines, hurts

CAPE-CODDITIES

and such trash, but an excellent harbor for all weathers. This cape is made by the maine sea on one side and a great bay on the other, in the form of a sickle. On it doth inhabit the people of Pawmet and in the Bottome of the Bay, the people of Chawum." Scant praise.

Bartholomew Gosnold, writing to Raleigh in 1602, through the medium of his associate, John Brereton, said, "We stood a while like men ravished at the beautie and delicacie of this sweet soil"; and later, "truly the holsomnese and temperature of this climat doth not only argue this people (Indian) to be answerable to this description, but also of a perfect consti-

CAPE-CODDITIES

tution of body, active, strong, healthful and very wittie.”

Here spoke the original summer visitor and the founder of that colony which dots the coast from Marion to Manomet.

If Gosnold could see the Cape on the present day, he would doubtless show profound disappointment, unless he had chanced to invest in shore property, for the forests teeming with game have disappeared, and no trace of the wit he describes can be detected among the few Indians who still cling to the shores of Mashpee Pond. But the broad waters, the sloping sands, and above all the soft climate which Mr. Brereton tells us did so much for the aborigine,

CAPE-CODDITIES

and which now transforms our children into veritable little red men, remain.

Despite the depredations which the Cape has suffered at the hands of both natives and summer residents, its flavor has been maintained, and the very fact that it is largely inhabited serves well in these days of friendly intercourse and indulgent habits; for we all of us must live happily in summer, and to do so means comfort, food, and drink. And so we find each town, however diminutive, possesses its Butcher and Baker and Candlestick-Maker.

The latter, to be sure, is employed by the local electric light plant, and often his trade includes a knowledge of simple plumbing. The Baker more

CAPE-CODDITIES

often is both Postmaster and Grocer, while the Butcher may be found to be the Chairman of the Board of Selectmen. But all are true to the type, and that wit which Gosnold so happily mentions may often be detected among these simple people, some of whom are sea captains whose taciturnity has been transformed into a shrewd cynicism coupled not infrequently with a delightful optimism. Rarely will a native Cape-Codder get the worst of a repartee and still more rarely will you find him the first to terminate a conversation. He is as tenacious in conversational competition as he is lax in business aggression. In fact, he would far rather stand on the corner

CAPE-CODDITIES

and describe to you, in detail, the amount of work that has been shouldered upon him by So and So and So and So's wife, than to make the slightest attempt to accomplish any of the sundry duties imposed. And yet he knows, and so do you, if you are at all versed in Cape ways, that he will receive ample financial return for his slightest service.

There is no such word as hurry in the bright lexicon of Cape Cod, but I confess it with some trepidation, for my many Cape friends will take violent exception to my statement, true as it is. And yet I do not blame them. I believe it is thoroughly accounted for by the climate; for when I first visit

CAPE-CODDITIES

the Cape in the spring or early summer, I always experience a languor which makes the slightest effort seem a task of large proportions. In short, I am lazy and prefer to see some one else do it. This feeling generally passes away with the sheer joy of vacation days, days of freedom and fresh air; but I realize that the climate breeds a lack of ambition, to which I doubtless would succumb were I to live on without interruption amid the Cape-Coddies.

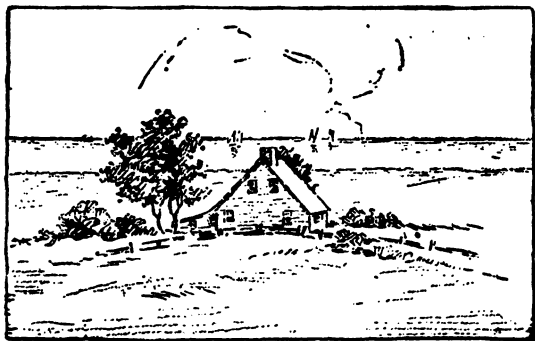
And therefore I prefer to think of the Cape as a playground for the initiate, a wonderland for children, and a haven of rest for the tired of all ages, a land where lines and wrinkles quickly

CAPE-CODDITIES

disappear under the soothing softness of the tempered climate.

Joseph Lincoln has told us of the people; Thoreau has written of the place; but no one will really know the Cape unless he becomes a part of it.





II

THE CASUAL DWELLING-PLACE

Is there a reader who has not at one time or another gloated over the terrors, the thrills, and the mysteries which, in fiction, invariably lie hidden in an unoccupied house? When one stops to think of it nearly all the literature of roguery, as so clearly set forth in former days by Wilkie Collins, Gaboriau, down to Conan Doyle

[10]

CAPE-CODDITIES

and Mary Roberts Rinehart, possesses as its most important stage-setting an untenanted mansion. It may be one of those familiar villas generally located somewhere near Hampstead Heath, a house set apart from its neighbors and surrounded by a hedge; a house with every appearance of having been closed for several years and now showing the first signs of decay; or it may be one of those somber brownstone houses situated in one of the many New York residential streets, where every house so closely resembles its fellows as to court mischief to all who may return late at night; or again, it may be one of those palatial country houses set among lawns and

CAPE-CODDITIES

gardens which are invariably described with broad, magnificent porticoes toward which spotless limousines are continually approaching at top speed for no apparent reason. Such a setting is perhaps the commonest, and the time is always just before the family arrive for the season or just after they have left for other equally expensive quarters. Now and then the novelist will modestly cast the fate of his story in the seclusion of a deserted cottage by the sea or a lonely hut among the hills, but rarely does this occur nowadays. The mystery story is as dependent upon luxury of setting as is the modern bachelor upon his creature comforts. And, therefore, if the

CAPE-CODDITIES

devotee of fiction chose to apply himself to this theme, he would find that nearly all novelists, great and small, from Dickens to Oppenheim, from Hawthorne to Anna Katharine Green, have utilized the empty house to bring about the climactic point in the weaving of some gruesome tale. So clear are these fictional features that, by the association of ideas, one's fears and apprehensions are invariably aroused whenever the occasion arises when an unoccupied house or even an untenanted apartment must be entered.

With that unmistakable odor of mustiness comes afresh this uncomfortable sense of trepidation (hardly fear, perhaps), and with it a convic-

CAPE-CODDITIES

tion that rats and mice are hidden spectators, and that the darkness and gloom could well hide crime as well as the thieves themselves. This entire mental state is largely caused by the aforesaid novelists, who I doubt not would have the same hesitancy in opening the door of a darkened chamber or in groping down the cellar stairs of a house long left to disintegration.

In short, reading has trained us all to regard empty houses with suspicion, an absurd state of mind which should be quickly dispelled, for in the case of nine out of every ten, yes, or ninety-nine out of every hundred houses, there is no cause whatever for suspicion.

CAPE-CODDITIES

There is a sunny little house on the shores of Buzzard's Bay which remains unoccupied except for ten weeks in the summer. Its shutters are closed and fastened long before the oaks have turned to their gorgeous fall colorings or the marigolds and phlox have lost the freshness of their bloom.

The soft, salty breeze, rippling the waters, the dancing rays of the September sun through the swaying pines, give a joyous setting to this cottage by the water, courting as it were an occupant. The hardest of that over-worked class of readers who rely upon mystery stories would find it difficult to conjure up a tragedy for such a spot. The native Cape-Coddies, knowing the

CAPE-CODDITIES

owners, always glance over toward the cottage as they pass by in the hope of finding a blind open or a light through the trees, to show that some of "ther fam'ly be down for Sunday." For this is one of the important services which this particular cottage renders to its owners. As the scion of the family (aged ten) once sagely remarked, "We use the cottage more when it 's closed than when it 's open." And to each and every member of this house its welcome is always the same. The family reach the house after dark on a Saturday night. The lock readily responds to familiar fingers, the door creaks a friendly welcome as the family grope their way

CAPE-CODDITIES

through the hall in good-humored rivalry to see which shall be the first to secure the box of matches always kept on the right-hand corner of the mantelpiece in the living-room for this emergency. Then, as the lamps are lighted, the old familiar objects appear precisely as they had been left, perhaps six months before, with a coating of dust, to be sure, but nothing which a few moments and a dustcloth could not remove ; for dust in this region is little known. True, the chairs, or at least such of them as possess cushions, are shrouded in covers. The sofa is a bulging conglomeration of cushions, gathered from all hammocks and piazza furniture ; but a few deft passes

CAPE-CODDITIES

by the fairy godmother of this establishment, and presto, the cushions are distributed and the sofa offers a cozy retreat for the entire party. Otherwise the living-room is livable. A fire ready laid is only waiting for a match and a turn of the hand to open the flue. Such is a cottage by the sea if it has been planned and built as it should be, not alone for summer use, but also for spring and autumn holidays.

The little cottage in question is a very ancient affair. A long line of sturdy Cape-Coddies dwelt in it, uncomfortably, for generations. It was not until a few years ago that it was entirely renovated, enlarged, and equipped for summer use. Much care

CAPE-CODDITIES

and thought were given to its convenience, and it stands to-day as a model for perennial use as a casual habitation. But it has certain drawbacks; as, for instance, plaster. Such a cottage, to secure the maximum comfort with the minimum of expense, should be unplastered, and without a cellar so that the circulation of air will keep the house free from dampness. There should be a kerosene cooking-stove in the kitchen so that the cooking can be done without jeopardizing the water coil or boiler. Furthermore, unless one's family and friends are experts in the culinary art, the usual stove fire is built regardless of the cost of coal or kind-

CAPE-CODDITIES

lings, and the fire itself is apt to take a good deal of time in the making, several trials often being necessary before the coals kindle into a respectable glow. The problem of water is perhaps the most troublesome. No house, of course, can be left with the water on during the winter season. These Cape cottages are no exception to the rule, and every pipe is carefully drained and the faucets greased to prevent rust.

To go to the trouble of turning on the water system for an occasional Sunday or holiday was manifestly out of the question, and so the owner of this particular cottage solved the difficulty in true backwoods fashion.

CAPE-CODDITIES

A small stone tank, placed in the closet behind the stove, holding not over five gallons of water, was always religiously filled. This served as lubricant for a hand pump at the kitchen sink. One of the first duties in starting in housekeeping was to heat a pail of this water, thaw out the pump, and thus secure the supply which adequately filled the family needs for the day or two of camp life to be enjoyed.

You will ask what of bedding and blankets? They are there at hand. As a matter of fact, the less one puts away the better for each and every article. All blankets hung upon ropes stretched across the attic are dry and ready for use. Upon such occasions as

CAPE-CODDITIES

the one noted, the family do without sheets and sleep fully as soundly. The blazing of the fire logs and the warmth of the living-room have given to all a drowsy feeling which defies wakefulness when once the head touches the pillow.

If any one should contemplate making use of his summer house in this fashion, there are certain suggestions which it would be well to follow; points which any yachtsman or camper would never overlook.

First of all, there should be a place for everything and everything should be in place. You can never tell when you will return. Perhaps you may be delayed and not arrive until after dark,

CAPE-CODDITIES

chilled and hungry from a long motor ride. At such times a fire ready laid, with a good store of dried wood, is essential to happiness and comfort.

There should always be a list of provisions left at the house so that you may avoid duplication in purchasing supplies. Besides food, there should also be such necessities as soap, matches, and candles. These should always be left in the boxes to prevent the mice and squirrels from robbing one. A good scheme is to build a zinc-lined cupboard in the pantry in which to keep such perishables.

Kerosene is dangerous to leave about, and it is well to bring this with you for the cook-stove; furthermore, it is

CAPE-CODDITIES

hard to remember whether enough has been left at the house for twenty-four hours' use.

Care should always be taken to leave the small water tank filled unless you plan to secure your supply from a friend or neighbor.

Your pots and pans, cutlery, dishes, and glasses should always be washed and put away in order before leaving, ready for instant use.

A little system will make all the difference in the world in the comfort and enjoyment of such an outing, and will save labor, so that your actual work will be done in much less time and the daylight hours can be given over to the outdoor life which endears the place

CAPE-CODDITIES

to each and every member of your family.

Whether it be a canoe, a knock-about, a gun, or a fishing-line, the life outside the cottage will be a reflection of that within and your enjoyment will come from the facility with which you manage the essentials of simple living. And so after you have enjoyed your day in the open, you will return to the cottage and discover that the simple comforts which it offers, while perhaps lacking the luxury of your daily routine at home, will be enjoyed with a relish far beyond that existence in a brick block, amid a mass of bric-à-brac and surrounded by servants. In its place you will devour an unusual

CAPE-CODDITIES

amount of food which tastes the better because you have cooked it, and later you will fall asleep with the wind singing in the trees, and the waves lapping the shores. The occasional barking of a dog will arouse no apprehension, and the dread of haunted houses, of mysterious deeds accomplished behind closed shutters, will have vanished until you are safe home again with a "thriller" to pass away the time before it is seasonable to retire.





III

THE UBIQUITOUS CLAM

“They scattered up & down . . . by y^e water-side, wher they could find ground nuts and clams.”
(William Bradford, *History of Plymouth Plantation*, II, 130.)

SURPRISING as it may seem, the clam, at least under his own name, does not appear in the *Encyclopædia Britannica*. And yet the clam is proverbial, metaphorical, and substantial, so substantial, in fact, that individuals of uncertain

CAPE-CODDITIES

digestion have been rendered distinctly unhappy after a hearty encounter. But what is more surprising to the average person, and especially to the novice in clamming, is where all the clams come from for the unending clam-bakes, clam-chowders, and the various concoctions necessitating a generous supply of these silent shellfish. A journey to the beach at low tide (for all clammers know from the reference to that animal's joyous spirit at high water that clamming is useless at that period) generally fails to accomplish more than a very lame back, muddy feet, and a paltry dozen or more specimens of the clam family, generally of immature age. The pro-

CAPE-CODDITIES

fusion of empty shells scattered about encourage the clammer into the belief that here, at least, is a favorable locality for his first efforts, and he grasps his fork and bends low, thrusting the implement into the black ooze with keen anticipation that the mud will disclose a whole family of clams, ready at hand for capture ; but, instead, he is rewarded by finding a number of white shells, seemingly clams, but in reality merely their shells held closely together by mud and sand, the skeletons of former bivalves whose souls have fled to other worlds and whose bodies have long since disappeared the way of all flesh. And so he seeks another spot, and the same process is repeated. Each time

CAPE-CODDITIES

he is conscious of an increasing stiffening of the back, recalling former twinges of lumbago, and after an hour or so the tide forces him to retreat, and he returns dejectedly to partake of a thin clam-broth, upon the top of which, as a consolation prize, his wife has tactfully placed a little whipped cream.

And yet the clam is ubiquitous, once you know him, and the clammer, himself, has been immortalized by Mr. William J. Hopkins in several delightful stories with which certain readers are familiar. The enthusiast soon learns their favorite haunts and on favorable tides he gathers these bivalves by the pailful. For chowders and for bait alike he digs, constructs a wire cage in which

CAPE-CODDITIES

to keep his precious clams from day to day, and week to week, and thus they become, as it were, almost a part of his summer *entourage*.

The clam is a numerous family (*Mya arenaria*, were one to become scientific). The ordinary mud clam which inhabits the tidewater harbors of our coasts; the quahog, whose young, termed "little necks," are served, uncooked, as appetizers; and the sea clam, are very familiar in appearance and habits; but all varieties are secured in different ways and in varying localities, and therein lies an added charm to the pastime of clam-digging.

There is a certain portion of the coast line in a very attractive section

CAPE-CODDITIES

of Cape Cod, which shall be nameless, where all varieties of these mollusks abound, and it is difficult at times to decide which variety to pursue. The ordinary mud clam is generally sought on the especially low tides so kindly afforded by the moon at stated intervals. It is then that the tide line resembles miniature trenches—first-line defenses, if you will—so many and so persistent are the pursuers, who look for all the world as if they were digging themselves in in anticipation of a machine-gun attack.

The quahog is more secure, for he lives in No Man's Land, beyond the trenches and just under the surface of the mud. If one is walking up a salty,

CAPE-CODDITIES

muddy creek — and surprising as the fact may seem, one often does follow this watery bypath—the foot will continue to disclose these big fellows. In the course of an hour of this method of locomotion, a full pail of quahogs may be secured without further discomfort than a pair of wet legs and two very muddy feet. The fishermen, however, regard such efforts as time lost. They manipulate two long-handled rakes bound together at the bottom, and with this implement a sort of hand-dredging process is performed which apparently yields better results. But it is only the native fisherman, with his knowledge of tides and currents, of sandy or muddy bottoms, of

CAPE-CODDITIES

channels and shoals, who can successfully locate the choice spots where these quahogs lie hidden beneath water, seaweed, and mud.

The sea clam is as immaculately clean as his harbor cousin is muddy. He is likewise found just beneath the surface of the water, buried in firm white sand over which the white-crested breakers foam on the beach. These clams are not greatly valued as food. They are gamy and tough in comparison to their brethren and a sharp contrast in appearance, with their delicate, smooth shell of an exquisite *café au lait* color, and it is for this reason, perhaps, that only the most enthusiastic of clammers or fish-

CAPE-CODDITIES

ermen after bait know of their whereabouts.

Along the beaches where thousands of Americans may be seen in impressionistic attire, disporting themselves by bobbing up and down in the waves, one could easily secure a pailful of these fascinating creatures by wading out and groping in the sands. No more exhilarating pleasure can be secured from surf bathing than in this pastime, which calls for agility in dodging the breakers as they roll in. While you are in the act of dislodging a fine fat specimen, your pail grasped in one hand, the other embedded in the sand seeking your prey, your body is swept first in, then out, by the waves. In

CAPE-CODDITIES

order to regain your balance you lose your hold, just escape being toppled over by the next wave rushing toward its finish on the sands, and miss the clam; and so the process begins all over again.

The "little necks" have their own places of abode close to the surface of the mud in sequestered inlets. Now and again the plebeian clammer will come across a stray family of little fellows while in quest of the common variety, but as a pastime digging for "little necks" has but little zest.

And now, after realizing the fascination of clamming, why be surprised if, when you run down to the Cape for a week-end, your host grips

CAPE-CODDITIES

you with a hand, cold and moist from submersion—a “clammy hand”; and why be surprised if on the following day, instead of the routine of golf and tennis, you are initiated into this simple sport? The surprise would come to the writer of this slight dissertation if he should find you callous to the delight of clamming or disrespectful of the occupation of the clammer.





IV

A BY-PRODUCT OF CONSERVATION

THE torrent of conservation surged over our community in war-time with a mighty roar, carrying with it all thought of flowers and lawns, and making chaos of our cherished plans for a summer garden. With a velocity which only social enterprise could initiate, New England became a market garden from Eastport to Greenwich.

CAPE-CODDITIES

Conservation developed back yards and vacant lots into gardens, and bank clerks into farmers, enthusiastic at the prospect, and innocent of the coming torments which weeds and pests would soon bring with them. And so, for this same reason, our flower garden on the Cape simmered down to a few nasturtiums and whatever blossoms of a perennial nature cared to show themselves, while our spring borders, usually a riot of color, were given over to vegetables.

What, then, should we have in our vases to reflect the profusion of the outdoor season? For a room without flowers in summer is as devoid of character and charm as a man with-

CAPE-CODDITIES

out a necktie. The solution, naturally, was soon found by many in the wild flowers, and if conservation has accomplished nothing else, its gift to us of an appreciation of the beauty and variety of these exquisite plants will more than repay our efforts to grow potatoes, beans, and corn at exorbitant prices with doubtful success.

The last days of school for the children and certain affairs at the office, together with fixed habits which tyrannize over the household, kept us from leaving for the Cape until late in June, so that we missed the may-flowers which have made Cape Cod famous for generations. The iris and violets, too, had disappeared, as well

CAPE-CODDITIES

as the dogwood with its delicate and generous pink-and-white petals. A few short hours after our arrival, my little daughter discovered near by some exquisite specimens of the wild lupine growing just as I had last seen it upon the slopes of Mount Tamalpais near San Francisco, although perhaps not in the same profusion.

From that first day until well into September, our living-room was made joyous by a succession of flowers as delicate and graceful as ever came from the highly cultivated gardens of the idle rich — a term which will soon vanish and justly so.

The wild roses were late and never more plentiful or more perfect. The

CAPE-CODDITIES

daisies, arranged amid clusters of shiny bayberry and huckleberry leaves, were transformed into stately decorations. The broom, as it is often called, which abounds in certain sections of the Cape, planted there in past years without doubt, gave one a sense of having been ferried across the sea overnight, while our own columbine and wild geranium made a pleasing variety, especially when arranged with the soft green of the wild sarsaparilla.

With the coming of July, the *Hudsonia*, or beach heather, clothed our foreground with brilliant yellow spots, touches of the sun here and there, while the low wild shrubs and grasses seemed to grow overnight in their de-

CAPE-CODDITIES

sire to hide our view of the water. After a week of rain in which we were confined to the flowers about the house — succulent clover, Queen Anne's lace, and a wide variety of tall grasses, which, mingled with pine branches, form admirable wall decoration — our desire for botanical information led us to scour the near-by country, not with guide-book, motor-maps, or even a copy of "How to Know the Wild Flowers," but to journey simply forth, either on foot or tucked tightly into our Ford car. To come unexpectedly upon one of the many ponds dotted with lilies and fringed with a variety of flowering shrubs caused as delightful a sensation as the same sight a few

CAPE-CODDITIES

years ago would have aroused, only then it would have stimulated a very different desire—the thought of a possible bass, lazily drifting below the surface, to be tempted, perhaps, by a fly, would have been uppermost. But this summer our sport lay in securing wild flowers, a harmless and charming pastime in which for the first time all the members of the family found equal enjoyment, and even our near neighbors, confirmed golfers, admitted the fascination of our newly acquired sport. To return laden with lilies, wild clematis, marsh mallows, delicately pink upon their tall, stately stems, cat-tails, red lilies, the fragrant clethra, and a variety of other flowers whose names

CAPE-CODDITIES

are to be discovered in the winter over a "complete botanical guide," savored of a veritable triumph.

Our growing interest in this wild garden was amply rewarded, for now in August the flowers were at their height and it became doubly interesting. Whether the discovery of new varieties or the satisfaction of gathering and arranging the commonest weeds brought the greater pleasure, it is hard to judge. The recollection of a tall, graceful copper vase filled with the despised chicory and bouncing Bet, the blue of the one and the delicate, pinkish purple of the other blending charmingly and supported in contrast by a few sprays of sumac leaves,

CAPE-CODDITIES

lingers as one of the floral discoveries of the summer. A mass of fireweed, interspersed with slender sprays of salt grass in full bloom, is another.

And yet to the sportsman or the embryonic scientist, individuals of very similar characteristics, an excursion into the back country through the woods, a good, long, honest tramp in pursuit of new floral game, and the finding, now a clump of cardinal-flowers and again the deadly nightshade (for the sportsman and scientist alike are fearless), is keen pleasure.

At times we would return with little booty to show for our trouble, a gathering of St. John's-wort, perhaps,

CAPE-CODDITIES

or a few stalks of mallow or one-eyed daisies, but never empty-handed and always with the exhilaration of the thought that here was a garden without limit, without weeds, and without the cares and expenses to which we were accustomed.

In arrangement, it must be confessed that discussion often arose. Certain members of the family, who shall be nameless, preferred a few blooms alone in each vase, while others clamored loudly for garnishings of salt grasses and other green decorations. Upon such flowers as butterfly-weed and tansy, such discussions nearly ended in riots, and only a tactful distribution of these blooms to those who had gathered

CAPE-CODDITIES

them with full authority as to arrangement secured peace.

The goldenrod made its appearance earlier than usual, the handsome, sturdy variety which grows close to the tide-water being especially fine. With it came the purple and white wild asters, which are in reality so much more beautiful than the cultivated kind, and the sea lavender vying with baby's-breath in its delicacy.

In this September a pleasant surprise came in the discovery of a flower which we called — and possibly incorrectly so — the wild primrose, growing close to the coast among the pines and scrub oaks; and blooming at this same time was the beach pea, a long, climb-

CAPE-CODDITIES

ing vine of a pinkish-violet color, luxuriating amid the desolation of the sand-dunes.

Close upon the heels of these blossoms, which both seemed to belong to the springtime, the turning of the leaves, the crispness of the air, the short evenings, and the aforesaid three governing reasons, school, office, and domestic domination, decided us with more reluctance than ever to close the cottage. It was not until our luggage was packed and ready that our final gatherings of the season's wild flowers were removed and the vases put away against the coming of next spring.

It still remains to be seen whether

CAPE-CODDITIES

conservation will ultimately lead to a saving in the cost of food (for Americans are more given to preaching than to practice) but it has served us well in our appreciation of certain of the good things in life.





V

MOTOR TYRANNICUS

IN the dim days of a decade ago — a generation might well have passed, for time is measured by the march of events rather than the procession of years — I remember yearning for the possession of an automobile. It mattered not what make, or shape or size or year. I was oblivious to the merits of six cylinders as opposed to four. I laughed at the

CAPE-CODDITIES

enthusiast who reckoned upon the length of wheel-base as deciding his comfort or the question of demountable rims as governing his decision as to which make to select. All I coveted was something on wheels (preferably four) of my own which might go or even might not go, for so rampant was the possessive desire in my heart that the chief thing in the world seemed to me at that time to be able to say "My motor" in an utterly casual, matter-of-fact tone, and back it up by nodding my head in the direction of the barn, which after the fashion of marriages had suddenly changed its name overnight by the possession of a master, and so became my "garage."

CAPE-CODDITIES

This ridiculous state of mind is easy to account for. In winter we lived in the suburbs where it seemed to both my wife and to me that every friend we had owned a car. In summer we sojourned upon Cape Cod, where the motor had replaced the runabout so completely that our old horse looked like a prehistoric relic of the Stone Age. Added to this was the ignominy of knowing that the Butcher and Baker both possessed machines and had that mythological person the Candlestick-maker abided in our town, doubtless he also would have honk-honked his way by our door.

In short, the thing got so badly on our nerves that finally, with full knowl-

CAPE-CODDITIES

edge of the financial iniquity involved, I purchased one of those hopelessly plebeian affairs which travel under so many opprobrious pseudonymns—a Ford. From that day to this I have owned some sort of a car and have thought myself a wise and a fortunate man, and subconsciously I have felt myself rather more of a person because of this possession, for such is the frailty of human nature.

To-day, however, marks a turning-point, a milestone, a crisis in my career. Personally I consider this day one of triumph—I have sold my car. I have no independent means of transportation other than my own good legs—or, at least, they were so until

CAPE-CODDITIES

I neglected them — and I rejoice in my motorless state. I feel a sense of exhilaration in my freedom from Fords, from the bondage of Buicks, from captivity in my Chandler Sedan. Such exhilaration is doubtless hard to understand because precisely the same conditions now exist which originally drove me into buying that first “Universal Car,” only in a more exaggerated degree. My children (and now there are more of them) are always clamoring for rides, even for the short distance of a few blocks which separates our house from school. My wife (and I must confess there is now more of her too) still plies her trade of exchanging visits and buzzing about

CAPE-CODDITIES

town all day long, never thinking of walking, and for myself, I have become mutely accustomed to the rôle of family chauffeur when not attempting that increasing impossibility, the attempt to make both ends meet.

And yet, is it after all so hard to understand this relief? In the first place, the car, no matter what variety, either goes or it does not go. If by chance it goes, you must go with it. If it does not go, you must make it go or get some one who knows more about it than you do, and who costs more than you do, to mend it. That means that you go upstairs into your own room and change into old clothes

CAPE-CODDITIES

reserved for this purpose, go down again and out to the garage, where you stand in contemplative mood for some moments before crawling under the machine. When you are safely landed in a dripping pool of oil, your children and your neighbor's children come trooping in from play and ask you why you are there and what you are doing. This in itself is disconcerting, for you generally don't know. Having successfully found that out you slowly emerge from your cramped quarters, which compare only with an upper berth, return to your room, resume the garb of a successful business man, and take the car to a garage and there wait until some one makes it

CAPE-CODDITIES

sound all right. This individual vies with the tax collector in separating you from all excess cash.

This does not happen every day, I admit, but there is a sensation in the back of the mind of nearly every motorist which is more or less constant. You know that you worry when the car does not go. There is no ground for speculation upon this point. You worry about what the matter is, and when you find you can't mend it, and take it to a garage to be repaired, you worry as to whether you have taken it to the right garage, or the right man in the garage. You fuss over the cost and you continually wonder whether the repairs have been prop-

CAPE-CODDITIES

erly done or whether the blamed thing won't break out in the same place the next time you take the car out. And during this whole period you feel in the bottom of your heart that you could have mended it just as well yourself.

Then there are the worries when it *does* go. You wonder when the tires are going to give out, whether they are too flat or too inflated, whether you put in gas before you started, and how the water is. You are continually guessing whether you have too much or too little oil, and you generally guess wrong.

These, however, are all mere trifles, the superficial maunderings of a sensitive organism. Your major worries

CAPE-CODDITIES

may be classified under three headings :

First: the worry of changing cars. Every year the question comes up for family discussion, competing valiantly with the problem of when we are to move to the Cape. Shall we turn in the old car and get a new one? If so, what kind? — and then follows a month of violent discussion in which my wife and the children take one side and I the other. By instinct I am a modest man and by habit cautious. I do not like changes, especially sudden changes, and so my inclination is either to stick to the old car for another year or buy a new one like it. My family — why I cannot say — seem to be oppositely inclined.

CAPE-CODDITIES

My wife avers that So-and-So has had great luck with a ——. Billy, my eldest, backs her up with several lengthy anecdotes told him by So-and-So's son, proving the excellence of that make above all others. I am sufficiently shaken in my opinion to consult with the garage-man from whom I bought my car, only to be shown a car of the variety mentioned in deplorable condition awaiting the mechanic's skill. Poor engine, inadequate something or other, — I can't remember the name, — and so it goes. My office is thronged with automobile salesmen so that work is impossible, while the evenings are passed in futile argument until the final verdict is given, resulting gen-

CAPE-CODDITIES

erally in a compromise — a new car is purchased of a trifle better type at a considerable advance in price and the old car sacrificed for a song. Those days of budding greenness for which we have longed through all the cold, useless days of winter are utterly ruined by this fearful problem.

The second worry comes with breakfast daily. Who is to use the car during the day? The day being balmy, I had thought of going to town in it, especially as I wanted to make a call on the way home. My wife, it seems, had planned to go to the dressmaker. I should have guessed it. Billy, who has just arrived at the legal age which foolishly permits youth to endanger

CAPE-CODDITIES

the lives and liberty of American citizens, had planned to take a number of his cronies to St. Mark's School to see a ball game. Billy, as can be readily imagined, wins out.

This daily observance takes the entire breakfast period and often leads to slight feeling. I say slight because I rarely ever secure the car myself unless it needs repairing.

The last worry may perhaps be more likened to fear. "What next?" I generally remark — for this third division concerns our friends. In that happy decade, now but a dream, we used to live in a delightful community, surrounded by friends who dropped in and then dropped out again, both

CAPE-CODDITIES

happy incidents in our daily life. But now, who has time to see his neighbors when every one is frantically motoring to some distant acquaintance miles away? What can you do when some friend at the end of nowhere invites you to dinner because she knows you have a motor? You go because your wife explains that this sort of thing is what a motor is for.

Is this not a matter for worry?—to work in an office until five; to journey home with the knowledge that in exactly thirty minutes you start out, in a car which needs oiling and when one of the tires should have more air, for a distant suburb, where you are to meet a number of people you do not

CAPE-CODDITIES

know and never care to see again. That this sort of thing is going to increase just as long as you have a pesky car is more than a cause for worry. It is a calamity.

In a trice all this vanished, for I sold my car. I remember hearing the story of a Southerner whose property was taken from him during the Civil War and who later was robbed of all the money on his person. He confessed to a feeling of intense joy and relief, for with his loss of property went his feeling of responsibility, and care-free he entered the army and fought a gallant fight.

And so upon that day I walked with elastic tread, head up, chest out, de-

CAPE-CODDITIES

lighting in the discovery of freedom. I care not that my friends all possess cars. I've had one — several in fact — and I can afford to buy others, but I am not going to. That is, not yet (and here I remember my family, somewhat dubiously). I plan to renew the pleasures of daily rambles over the beautiful hills of my own town. I plan to renew old friendships with my neighbors near by. I look forward to an occasional Sunday at home. In short, I picture the joy of being without a motor.

As a matter of fact, however, this vision was short-lived. In the first place, the ramble over the old familiar hills made me so beastly lame that

CAPE-CODDITIES

my Sunday at home was a painful one, and the day was punctuated by the complaints of each and every member of the family over the loss of the car. I ventured out, still painfully, to call upon one or two of my old neighbors, just for a run in and out again, but they, it seemed, were out in their motors, and so I returned dejectedly to the sad-faced group in my own living-room, where we managed to exist until bedtime, conversing upon our prospective move to the Cape, and what it meant to the various members of the family to be — as my daughter puts it — a million miles away from every one with no means of ever leaving the house. And so it was the

CAPE-CODDITIES

Cape and its appeal which broke my defenses, for I must confess our seasonal trips there were a delightful part of our existence, to say nothing of the joys of our summer life.

The next day I took an early train to town, and I came home that evening somewhat sheepish, but reasonably happy, for I came in a new car, which bids fair to be the best one yet; it is certainly the most expensive.





VI

“CHANGE AND REST” — SUMMER BARGAINING

ALTHOUGH on the surface Cape Cod seems to offer a haven of refuge to that much overworked appendage to the modern man, the pocket-book, there are dotted here and there upon the highways and byways many comparatively innocent pitfalls.

To a close student of these danger

CAPE-CODDITIES

spots, they may be grouped under the heading "Tea-Rooms, Arts and Crafts Stores, and Antique Shops."

I know of no greater relief than to escape from town and come to the Cape. Once there, the daily routine of office, the absence of any assigned duty, the leisure hours passed in or on the water or idly knocking about the golf links, tend to merge one day into another, so that time flashes past at an alarming rate. But every now and again comes a day when some member of the family suggests that we take the motor and extend our vision. It is upon such occasions that we test the financial astuteness of the aborigines.

CAPE-CODDITIES

One never visits the Cape without discovering how effectively the climate stimulates the appetite. What wonder, therefore, that every village and hamlet possesses a Tea-Room of varying attraction?

The stop is made and the Tea-Room visited, only to find that the family, in addition to ordering the tea, with its accompaniment of toast and cake, or, for the younger members, a bottle of ginger ale or an ice-cream cone, are bent upon securing a souvenir. The Tea-Room is generally furnished with an assortment of articles intended for just such gullibles as ourselves. There are, for instance, baskets of assorted sizes and colors, for flowers, or

CAPE-CODDITIES

fruit, or sewing, or pine cones ; in fact for everything that should be thrown away, but is n't. We have several such baskets at home, but that does not prevent some member of the family from buying another. It will do for a Christmas present. Then there are varieties of other things made far away and designed to lure the cheerful motorist, such as charmingly decorated match-cases for elderly people, noisily painted tin pails for the children, dainty knockers, and all manner of knick-knacks for the women of the party. The invariable assortment of what, to a man, seems the essence of uselessness, and yet, I confess it, attractive to an insidious extent.

CAPE-CODDITIES

The pocket-book is touched, not severely, to be sure, but there is a perceptible shrinkage as we file out to continue on our harmless junket.

For a few miles we bowl along over a delightfully smooth road and give ourselves over entirely to the view. Now a long stretch of pine woods gives just a glimpse of the water glistening through the trees; here and there a little farmhouse, snugly tucked among a clump of lilacs close to the road, with visions of larger establishments in the distance, out toward the sea, the homes of summer residents boldly exposed to the refreshing southwest wind; then a long stretch of marsh and dune brilliant in the sun. Suddenly we come

CAPE-CODDITIES

upon a more thickly populated district where many of the old houses have been purchased and renovated to fit the needs of city people, who, with the assistance of some modern architect, oftentimes make enticing homes of these structures by the simple addition of porches and piazzas, with bright touches of paint here and there on blinds and doors, and the whole garnished well with bright flowers, climbing roses, and cozy hedges.

It is generally near such a settlement that we come upon the Arts and Crafts in all their glory.

Compared to the Tea-Room, the Art-Shop is a veritable mine of treasure. From a variety of toys which

CAPE-CODDITIES

would do credit to Schwartz to a complete set of hand-painted furniture such as one might expect to find in the window of the largest furniture store in Boston during the months of May and June, seems a far cry for a small shop occupying a converted bungalow in a modest Cape town; but this sort of thing exists, and between these items there is an almost endless list of what for a better term may be called "specialties," and even I, who scorn the newness of furnishings as they are displayed in town, fall a victim first to an exceptionally soft-toned rag rug, oval in shape and comfortable to the tread, and also to a set of doilies made of a light, colorful variety of oilcloth with dainty

CAPE-CODDITIES

pattern that my wife says will save washing; and lastly to a pair of bayberry candles, olive green and a full eighteen inches high, which it seems to me will give an admirable touch to our living-room mantel.

The shrinkage in the pocket-book is easily discernible; in fact I am led to say briskly that I think we had better be getting along home, and so we put our new treasures into the car and proceed homewards by a new route more inland.

It is always interesting to try the lesser known roads even if they are a bit rougher. They are little traveled and for this reason pleasanter in midsummer; one rarely loses the way, for signs

CAPE-CODDITIES

are plentiful, and so we wind about the higher stretches which form the backbone of the Cape, along sandy roads which at times diminish to mere cart-paths, but at all times are passable.

Emerging from this forest district on one such excursion, we came quite suddenly upon the forking of two roads where a clump of neat-looking farmhouses, a schoolhouse, and a diminutive church indicated a real town. Here my eye was arrested by the magic sign "Antiques" stuck into the lawn in front of one of the houses.

While I do not admit the slightest lure in the sign of a Tea-Room except when hard-pressed by hunger, and but scant attraction in the Art-Shop, there

CAPE-CODDITIES

is something about the word "antique" that whets my appetite for exploration, and especially so when found in a quiet little hamlet off the beaten path and probably not familiar to the many hundreds of tourists whose smoothly running motors of ample proportions bespeak well-filled pocket-books. Consequently I grasped the emergency brake and came to a sudden stop in spite of a feeble protest from my daughter and a heavy sigh from my wife on the back seat.

Where antiques are concerned, I take the lead, or, to be more accurate, I stand alone, and so proceeded to the back door of the house; for those who know Cape-Coddens well enough real-

CAPE-CODDITIES

ize the inconvenience and delay which a knock at the front door provokes.

Seeing a middle-aged woman bending over the stove in the kitchen, I called a merry "Good-afternoon" by way of salutation.

"Good-afternoon," she replied as an echo might have thrown back my words.

"I saw your sign 'antiques' and thought perhaps I might have a look at them," I continued, nothing daunted.

"Mister Eldridge ain't to home, but if you want to go out to the barn you can see what he's got," she replied, without even turning her head to see what sort of a second-story man I might be.

CAPE-CODDITIES

Here was luck, however, for I could look over the stock in trade of this ambitious couple to my heart's content, and I made haste to the barn, which I found converted into one of the most amazing junk-shops it has ever been my pleasure to explore.

Crowded together without rhyme or reason, and with no thought of display, were the goods and chattels of generations of Cape-Coddors ; tables, chairs, beds, sofas, ice-chests, a parlor organ, curtain rods, bits of carpet, crockery in all stages of dilapidation. On one of the tables a variety of hardware was strewn about, on one of the stiff-backed chairs reposed three old brass lanterns. A Rogers group on a

CAPE-CODDITIES

kitchen table was flanked by a White Mountain ice-cream freezer on one side and a fine old fire bucket on the other. A four-poster, of apple-wood, with fluted posts terminating in pineapple tops, the wood in an excellent state of preservation, was the repository of a half-dozen pictures, three face-down, while one of the others disclosed itself as a really good copy of the engraving of Washington and his family. But to the casual observer, there seemed scarcely a piece of furniture or, in fact, anything which was sufficiently in repair to survive the journey to my house ; furthermore, the rank and file of articles were of recent date and had no charm for the collector.

CAPE-CODDITIES

However, the very hopelessness of the quest whetted my appetite, and to the utter disgust of my family, I spent a good half-hour rummaging about, not only in the main part of the barn, but also in the stalls, and even in the hayloft, for the whole building was bulging with what seemed the cast-off furnishings of the entire Cape.

The result of my examination was a really fine ship's lantern which I found in the loft; a pair of old pewter pepper pots, reclining in an old soap dish, and a couple of straight-back rush-seated chairs, a trifle rickety, but with the seats in excellent condition with the original rush plaiting, which is unmistakable.

CAPE-CODDITIES

For fear of mislaying my selection, I had brought them outside the barn, and at that moment a lanky, middle-aged farmer drove up in a buggy and slowly got out.

“Is this Mr. Eldridge?” I asked.

“Thet’s me,” he replied. “Been havin’ a look over the department store? I ain’t got in my elevators, an’ the outing department [here he looked at my golfing tweeds] ain’t much to brag about, but I’ve got ’most everything in thar except the town hearse an’ I’m savin’ that for my mother-in-law.”

By George! I thought, here’s one of the real old-timers, nothing taciturn about him, and I pointed to the modest

CAPE-CODDITIES

selection I had made and asked him what the price was.

“Well, as to price,” he replied, taking off his hat and meditatively scratching his head, “that’s the worst of the business. I never just know what my things are worth. Them chairs came from old widow Crocker’s, over by Forestdale. She’d never sell ’em till she died, an’ then she could n’t help herself an’ her son-in-law cleaned the place out, an’ I got quite a lot of stuff an’ paid him for the lot. What d’ you say to a couple o’ dollars apiece?”

I said, “Yes,” as soberly as I could. I would have given much more.

“As to that lantern, it’s a good ’un

CAPE-CODDITIES

and the glass is all right. I shall have to get at least four dollars."

"All right," said I, cheerfully, for I had seen a smaller one in Chatham go for eight just a few days before. "And how about the pepper pots?"

"Oh, you kin have 'em for — let 's see — 'bout seventy-five apiece." And I agreed.

"What do you do with all this stuff?" I asked, as he helped me to dispose of my treasures in an already well-filled car.

"Oh, mostly I sell to the Portugees that come here farmin' and cranber-ryin'. Now an' then I get some old stuff same as you jest picked up, but generally it's the newer kind they like

CAPE-CODDITIES

the best. I jest set that there sign up 'cause I see every durn fellow 'long the road what has a toothpick or a shavin' mug to sell puts up a sign, an' so, says I, guess I 'll stick up one too."

And that is the way I became acquainted with Silas Eldridge, dealer in antiques, who has sold me many a real treasure, but I keep his whereabouts as secret as possible, for of all the fascinating places for picking up astonishing bargains on Cape Cod, his old dilapidated barn offers the most surprises.





VII

A BLUE STREAK

SLANG is both the curse and the delight of the English language, and that form of slang which our British friends term "Americanisms," and which we have now largely adopted as our national mode of communication, is not confined to the youth of to-day by any means. In the home, in business, and of course in sport, slang has found its

CAPE-CODDITIES

way and has spread like the weeds in the garden of the over-enthusiastic commuter. I remember hearing a clergyman of national reputation and advancing years say a short time ago, after a satisfying excursion of some sort, that he had "had more fun than a goat," and I defied him to elucidate that time-worn phrase to my satisfaction.

The derivations and origins of American idioms and colloquial expressions are vastly interesting, not only in showing the resourcefulness of our people in cutting wordy corners and in the development of a certain form of humor which I do not defend, but in shedding real light upon the whys and where-

CAPE-CODDITIES

fores of our universe down to its smallest detail. A temperamental curiosity has led me from time to time to look up certain of the commoner expressions, and I am indebted to this eccentric hobby for several pleasurable experiences.

Many years ago — so many in fact that the memory is distasteful — I went to a horse-race where the winner passed our stand at a pace which my companion described as “going like a blue streak,” a familiar term with which I ignorantly agreed at the time. I suppose that since then I have heard it repeated many hundred times, but it was not until last summer when my son applied it to a motor-boat passing

CAPE-CODDITIES

out of the harbor, that I thought of inquiring into its origin, and discovered, much to my surprise, that it applied to the illusive and disconcerting movements of the ordinary sea crab, often called the "blue claw."

The discovery piqued my curiosity and I determined forthwith to investigate the locomotory accomplishments of these retiring animals. This was not as easy a task as I had expected. The crab is not socially inclined, and the term "crabbed" is soon apparent. He is only to be found at low tide, and generally near the mouth of a salty creek where the bottom is muddy and sparsely covered with seaweed and eelgrass. There in the late sum-

CAPE-CODDITIES

mer and fall he can be seen from canoe or rowboat, if one is patient and watchful, and the expression to "go like a blue streak" fits him like a glove.

Having provided myself with a net of the butterfly variety, I determined to secure a specimen, and began my search among the creeks, so numerous along the shores of Cape Cod. Although we came upon quite a number, it took the entire morning to capture four.

When unmolested, these creatures crawl slowly and deliberately about their business, sluggish in manner and shabbily dark in appearance, grubbing about on the bottom, now in, now out

CAPE-CODDITIES

of the seaweed, but the instant that danger is threatened, they undergo a transformation. The claws, from sprawling about on the mud at every angle, are drawn in, and like a flash — or, far better, “like a blue streak” — the particular crab that you have selected for capture darts away at an angle that leaves you helpless with wonder at the suddenness of his departure and at the blueness of his appearance.

As soon as you have spotted your prey the excitement begins. Armed with the net, you crawl quietly to the bow of the boat and in whispers direct the rower, now this way, now that, following the route taken by the ca-

CAPE-CODDITIES

precious crab. Sometimes the water is deep enough to permit the use of the oars, at others it is necessary to pole the boat in and out among the rocks covered by seaweed, your journey always attended by silence and stealth as if the slightest noise would precipitate in flight this wily crustacean.

At last when you are within striking distance, the net is plunged in among the grass and brought up, alas! empty, and the hunt continues as before.

When, after repeated trials, your patience is rewarded and a fine big fellow is caught, the greatest care must be taken to prevent him from crawling out of the net and escaping

CAPE-CODDITIES

before he is landed in the boat, for his activities are ceaseless.

Indeed, even after he is flung deftly into the pail, his savage struggles may succeed in freeing him from captivity. And so it is only with infinite caution and patience — qualifications necessary in every game — that you are able to land your prize, and it is only then that you will find the explanation of the color quality of his passing. As the crab is taken from the water, its mud-colored shell appears a dark ultramarine blue, the claws of a lighter shade, the under part shading to white tinged with pink; its entire surface seems metallic in the intensity of its coloring as it leaves the water.

CAPE-CODDITIES

From a slow, lazy animal of peaceful habits, the crab has become a veritable monster, savage and fiercely aggressive, and woe to the unfortunate within reach of his claws.

His capture is a real experience and a distinctly sporting event. So interesting and mysterious is the search, so active and adventurous the pursuit, and so exciting and satisfying the actual catch, that one is tempted to place crabbing among the big events of a summer at the seashore.

I know a college professor who annually devotes the better part of his vacation to this pastime, and several of my athletic friends, whose prowess on the football field was a matter of

CAPE-CODDITIES

international comment in the papers, confess to the delights of a crab hunt ; but it is a surprising fact, nevertheless, that the majority of those who visit the seacoast each year have never even heard of the extraordinary fascination of hunting the originator of the "blue streak."





VIII

A FRESH-WATER CAPE

To the majority of people Cape Cod spells sea breezes, a tang of salt in the air, scrub oaks, tall pines, stretches of sand, and a large appetite. To the few who know the Cape from more intimate acquaintance there is added to this picture a swelling country densely wooded in sections and spotted with ponds. It is a source of never-

CAPE-CODDITIES

ending wonder how these ponds exist in a country where the soil is so porous that a few minutes after a shower there is no trace of the rain. In almost every instance they are fed from springs beneath the surface, and the solution has been offered and quite generally believed that much of this fresh water flows in subterranean channels having their source far distant in the White Mountains.

So plentiful is the supply that wells and pipes, driven a few feet into the soil at almost any spot, furnish clear, pure water in ample supply for household needs. A more remarkable fact is that at low tide in many of the harbors and inlets fresh water can be

CAPE-CODDITIES

found between the high and low stretches, oozing through the salty surface of sand and mud. And so the Cape, for all its salt qualities, has fresh water in profusion and ponds without number. In Plymouth County alone there are 365 ponds, many of them of substantial size, while the lower Cape is almost equally well provided.

A generation ago, many of the residents of Plymouth passed their summers on the largest of these — Long Pond. Having the salt breezes most of the year they wisely sought a change to inland waters.

Last year I met a gentleman fishing in Wakeby Pond — made famous by Cleveland and Joe Jefferson — who

CAPE-CODDITIES

told me he came on from Chicago every year to pass a month bass fishing. He was probably ten miles from the coast, and might have been a hundred for all the good it did him ; but on the other hand, why not a pond on the Cape as well as a Rangeley Lake in Maine ? The life is much the same — the air refreshing and the scenery delightful.

These larger ponds are fully as large as many of the Maine lakes. Long Pond at Plymouth is said to be ten miles long, and I have seen the water at Great Herring Pond as rough as one would care to have it when canoeing.

To be sure the fishing is not per-

[100]

CAPE-CODDITIES

haps so very exciting — few trout, except in the occasional streams which have been stocked, but land-locked salmon, perch, and pickerel to be had with a little patience, and a shrimp or so. The real pleasure which these ponds offer is the surprise and delight of coming upon them as one does frequently and quickly while motoring through the less-frequented roads. From Plymouth down the Cape through Sandwich nearly every road and by-path leads to some picturesque little sheet of water often closely wooded to its shores and without a sign of habitation.

From Wareham or Cotuit, from Pocasset or Falmouth, from Hyannis

CAPE-CODDITIES

or Chatham — in short, from nearly every one of the many Cape towns, a ride of fifteen or twenty minutes will take one to a pond which might as well be fifty miles from any center of human activity. One rarely meets other adventurers upon such trips, and the silence and peace which reign form excellent foils to the summer life so near at hand.

Those who are wise in Cape ways possess small canoes mounted upon two wheels, which are fastened on behind their cars, so that, when touring the ponds, they are not limited in their fishing to the shore or to the chance of finding a boat.

There are a number of gentlemen

CAPE-CODDITIES

who have built small camps upon certain of these secluded spots for casual excursions and for spring and fall use. They are wise. By leaving Boston at noon they can always be in camp by sundown ready to enjoy a full Sunday, while the mighty fisherman who depends entirely upon the Maine lakes or the more remote places must plan a week's vacation, with the chance of better sport, to be sure, but no better life, for the life of a sportsman in the open is much the same. The great outdoors is universal in its appeal to the sane-minded and healthy-bodied.

I have experienced as much heat and poorer fishing in Nova Scotia during July as I have on our ponds

CAPE-CODDITIES

of the Cape, and in addition I have noticed more mosquitoes and midges to the cubic inch in Canada than on these same ponds ; but of that perhaps the less said the better.

I have in mind a little excursion which illustrates these extremes of Cape life, and it is but one of many. In early July, when the children, freed from school restraint, were on the rampage, and our cottage was bearing the brunt of an onslaught of youthful visitors, each of our neighbors having one or two boys and girls as guests for their children, life seemed to me an unending series of activities coupled with ceaseless slang. In fact, I was "fed up" with it all, so that when my classmate

CAPE-CODDITIES

and old friend R—— telephoned to say that he was going up to the pond for a day or so, I clung to the receiver in my joy to escape.

The preparations for such a trip are simple — a blanket, a change of clothing, a toothbrush, no razor, food enough to fill a small basket, and — yes, I suppose it must be confessed — a bottle.

My fishing tackle is always ready. The bait, however, is more difficult to secure. With net and pail I hastened to the creek which enters the harbor near our cottage, and, it being fortunately low tide, I was able, in the twenty minutes left before R——'s arrival, to secure a fair supply of shrimp. That was all there was to it. We were off

CAPE-CODDITIES

well within an hour from the time of his message, and well within another hour we had arrived at his little shack perched high above the shore of one of the loveliest ponds on the Cape, and were settled for the night.

The camp was well stocked with wood and simply furnished with camp beds, the ordinary cooking-utensils, and such comforts as may be gathered about a broad hearth and a roaring fire.

Outside, the wind had died down and not a ripple disturbed the mirrored surface of the water, which reflected the delicate outline of cedar, pine, and oak, a lacy filament which shielded the setting sun from the already silvered reflection of the half-moon.

CAPE-CODDITIES

“A perfect time of a perfect day, in a well-nigh perfect spot,” I said, by way of expressing the joy of my escape.

“Such a burst of eloquence demands a toast,” remarked my friend.

So we forthwith resorted to the aforesaid bottle, and then turned to and prepared supper — the inevitable scrambled eggs, deviled ham, bread and marmalade, and coffee.

“To think of that howling mob at home only twenty minutes away,” I mused, puffing contentedly at my pipe and reveling in the silence.

“To think of what a motor will do!” replied my friend, who was not unaware of my opinion of cars.

CAPE-CODDITIES

I muttered something incoherently, and squirmed a bit at the thought of some of my notions.

The next morning we were up with the sun, and after a hasty bite, put our canoe into the water and set about our main task.

We were both fairly familiar with the haunts of the wily bass. In summer they lie close to the bottom, the laziest of fellows, sucking in the bait, if they notice it at all, in a dreamy fashion, but, once hooked, they show their mettle, and so, when I finally felt a slight strain on my line, I held back until I was sure of my fish. Yes, I had him, and a good big one at that.

There is little or no casting in mid-

CAPE-CODDITIES

summer, so that I had brought a stouter trolling-rod, and it was just as well. I played that fellow for ten minutes, and when R—— finally netted him for me, we sat and looked at each other speechless.

“By gad, he’s a five-pounder!” said my friend excitedly.

“Hum — about four and three quarters,” I replied in a matter-of-fact tone to cover my excitement.

We caught twelve that morning, several weighing two pounds or more, — splendid fishing, the best we had ever had on the pond.

When we reached the camp and weighed my prize, he tipped the scales at five and three ounces — a record fish.

CAPE-CODDITIES

Late in the afternoon the clouds began to gather and the wind turned northeast, so we decided to run for cover.

I was at home in time for dinner, and found the spell broken. It was I who did the talking, an amazing amount of it, while the youngsters sat open-mouthed when my bass was brought onto the table in a platter all to himself, garnished by our cook, who, so says my wife, is proud of my ability as a provider.

What more versatile land of summer, then, can one imagine than the seashore with an almost permanent breeze, with a chain of inland ponds remote and wild in character almost

CAPE-CODDITIES

at one's back door, motorively speaking?

If variety is truly the spice of life, what better seasoned offering has any locality to show than Cape Cod?





IX

AL FRESCO

BEFORE you pass judgment upon any man or woman of your acquaintance, ask him or her to a picnic. Then if you are not ready to form a decision, they will probably have made up their minds about you. A picnic, so the Dictionary has it, is an entertainment in a grove, an ominous and hazardous place at best for a good time, and one

CAPE-CODDITIES

to be avoided except by sentimental couples, and therefore the Dictionary may be considered narrow-minded in naming the locality. Furthermore, its advice is rarely followed in these days, and the picnics which I prefer, and they are countless, are held upon the seashore and, for the most part, in the sea itself.

There is a white, sandy beach of a mile or more, banked by great sand-dunes and bordering a section of Buzzard's Bay which is comparatively unknown, where there are no houses, not even bath-houses, and where the delighted squeal of the noisy girl or the guffaw of the blatant youth is rarely heard. It is here that we fre-

CAPE-CODDITIES

quently gather with a few good friends upon pleasant warm days, for an impromptu meal *al fresco*, preceded by a joyous bath in water as clear as crystal, warm and yet with a spiciness that clears the head from all drowsiness and whets the appetite to a keen edge.

There are problems to every picnic. The conventions of life grip hard, and yet it is curious and sometimes amusing to see how thin the veneer really is when the primitive necessities of a picnic are faced.

The sand-dunes are conveniently rolling, every now and then dipping into bowl-like formations, and in these sequestered or semi-sequestered nooks

CAPE-CODDITIES

we don our bathing-suits and sally forth to the sea. One of our friends, a man somewhat particular as to his appearance and the soul of modesty, was directed to the appointed place, but his love for the view led him up the slope, so that, innocently turning our gaze shoreward, the feminine portion of our gathering was considerably disconcerted to see the apostle of Beau Brummel in nature's garb innocently viewing the horizon and giving little heed to his natty bathing-suit, a black and orange affair with immaculate white belt which lay at his feet.

The women, too, those who but a few moments before would have tried

CAPE-CODDITIES

in every way to conceal a hole in their stockings, were glad to borrow bathing-dresses of any reasonable style if by chance they had forgotten to pack their own, and stockings seemed of no importance.

To line up twenty or more on the beach and rush for a plunge, to breast the billows or to grope amid the sands for sea clams, to race along the beach for the sheer joy of life, is the glad part of what I call a picnic. And then the food! No meal which must be coaxed along by a cocktail or other appetizer, to prepare the way for course after course of indigestible concoctions planned by fertile-minded chefs, but honest beef and chicken and

CAPE-CODDITIES

ham sandwiches, delicately prepared and tastefully arranged. Sandwiches of lettuce and cheese and paprika; sandwiches with sardines, with olives; graham sandwiches with a thin layer of marmalade or guava intended for the children, but partaken of by all. And stuffed eggs, the variety only to be found at a picnic and eaten in two gulps, the one place where such table manners are tolerated.

And it is on picnics that the thermos bottle is most thoroughly appreciated. The miracle of hot bouillon, hot coffee, iced tea, and a variety of beverages, suitably chilled or heated, seems ever to be a source of fresh surprise and pleasure.

CAPE-CODDITIES

Toward autumn, the picnics offer a new variety, for the children thrill at the expectation of cooking their own dinner. The joys of a bonfire, the excitement of burying potatoes, corn, and clams in seaweed, the frying of ham and eggs, and the occasional treat of flapjacks when one of our nautical friends happens to be of our number. These are but a few of the pleasures of a picnic such as one encounters on the shores of Buzzard's Bay in August and September.

It must be admitted that there are certain drawbacks which seem serious to the individual of fixed habits, tender feet, and uncertain digestion. There is, for example, the beautiful white

CAPE-CODDITIES

sand, glistening in the sun, smooth as a billiard table and fine as powder. It must be admitted that after the bath one is conscious of the pervading quality of its particles. It is in one's hair, one's shoes, and often elsewhere about the person. It is discovered invading the aforesaid sandwiches, which seem well named at such times. A brisk wind slaps it into your eye or your mouth in disconcerting fashion, and you become aware of its grating presence. Then, again, there are clouds upon the horizon. To those who are seriously affected by the sand, these clouds look ominous. They may forebode a storm and a wetting. A certain clamminess of hands and feet, occasioned by

CAPE-CODDITIES

the bath, remind one that a change in the weather precedes a cold in the head. These feelings mark the man of creature comforts and he fails to join in the part-singing which comes after the hearty meal, when pipes are lighted and the entire gathering stretch themselves upon the sands for a lazy half-hour before the inevitable cleaning-up process begins. This same individual declines to tell his best story, and should a ball game be suggested, he will be found callous to all coaxing. He has enough sand in his shoes as it is, or he has eaten too much for exercising, or possibly the clouds on the horizon lower more formidably.

Yes, a picnic discloses the strength

CAPE-CODDITIES

and weakness of character which mark our friends, and yet, after all, it does more, for it brings out the best in most of us, and few, even of our habitually conventional friends, fail to respond to the delights of a seashore picnic or lack in the essential philosophy of an outdoor, care-free existence.





X

MODELS

LONG before the Old Colony Railroad thought of running a line to Cape Cod —although that in itself was not so very long ago, well within the memory of man— there was one charm of the Cape which is fast vanishing and entirely unknown to the casual visitor and unappreciated by the perennial summer residents. In those days there

CAPE-CODDITIES

was a host of rugged, sturdy men, intelligent, courageous, upright, and keen-minded. They were the Cape captains, the men who grew up among the sand-dunes, to the rote of the sea. The men who carried the good name of Cape Cod to the ends of the earth and who brought back with them the fortunes which made the little towns, dotted here and there along the shore, havens of comfort and rest.

Such men could tell stories which would vie with those of Conrad and Stevenson, but for the most part their deeds go unrecorded except in their ships' logs, for they were a simple, reserved company. Of this epoch there remains but one relic which is

CAPE-CODDITIES

sought after by the present generation, and it savors of the antique. In fact, it is the antiquarian rather than the adventurer who ransacks the Cape at present for ships' models.

In those early days there were months at a time when the ship's company were idle, and it grew to be a custom for those clever with their hands to fashion models of the schooners in which they sailed or of seacraft notable for beauty of line or complexity of rig.

Many an old sea captain would pass his idle moments in fashioning these miniature boats, and many members of the ships' crews became adept at the hobby, for a knowledge of tools

CAPE-CODDITIES

was almost an essential for every man on the Cape, where the trades of carpenter, painter, and plumber were generally performed by the householder. Furthermore, a sailor would infinitely prefer to whittle out a model than to swab down the deck, and frequently a clever mechanic would be relieved by his captain from this menial work, if he devoted his time to the perfection of a model which was destined for the mantel of the captain's best parlor.

Therefore, in the old days, there was scarcely a Cape family of salt-water ancestry which did not boast of at least one model and often more, the trademark of an honorable and haz-

CAPE-CODDITIES

ardous occupation and a relic of former days of plenty when the Cape was peopled only by the native Cape-Codders and before steam took from them the vocation to which they were reared.

To-day the captain of a full-rigged ship is as hard to find as the vessel herself, and the Cape exists upon the summer residents and upon the less productive occupation of fishing, which is largely in the hands of the Portuguese, who have come in droves to settle upon our land of Bartholomew Gosnold and his company of adventurers. And so the interest in ships and in tales of the sea has disappeared along with those who upheld the trade; and the models, familiar sights to the

CAPE-CODDITIES

descendants, have been relegated to the attic or have been sold as curiosities to the ubiquitous dealers in antiques, who persistently come to the Cape for old furniture, pewter, china — anything, in fact, which can be palmed off on that voracious type of collector, the lover of antiques.

During the last few years, for some reason or other, these models have become very popular. Just why it is not easy to explain. It is true that they typify a lost trade which was full of adventure. It is also true that they are decorative, many of them, but that hardly explains the ravenous appetite which many collectors of antiques have recently developed to obtain a genuine

CAPE-CODDITIES

model. Dealers have secured agents in every town on the Cape who are ransacking their neighborhoods for models, half-models, pictures of boats made in bas-reliefs, weather vanes in the shape of ships, and the prices are increasing by leaps and bounds. In fact, so popular has this fad become that ex-sailors and carpenters with some slight acquaintance with the sea are now developing quite a business in fashioning models of special designs or of former famous ships. A few years ago the model of a schooner about two feet in length fully rigged would bring in the neighborhood of twenty-five dollars; to-day the same model could not be secured for less

CAPE-CODDITIES

than one hundred dollars. Often the smaller, more exquisitely made specimens will bring more. The descendants of the old captains have lost any sentimental regard for these relics and gladly part with them for a comparatively small sum, but only to the patient and skillful, who know Cape ways and Cape people, and so it is almost impossible for the tourist to secure a model except from a dealer.

Should the casual summer visitor attempt to bargain with his native Cape neighbor, he would find him a wily bird, suspicious of being imposed upon and as likely as not to put an absurd valuation upon his possession; and yet that same Cape neighbor

CAPE-CODDITIES

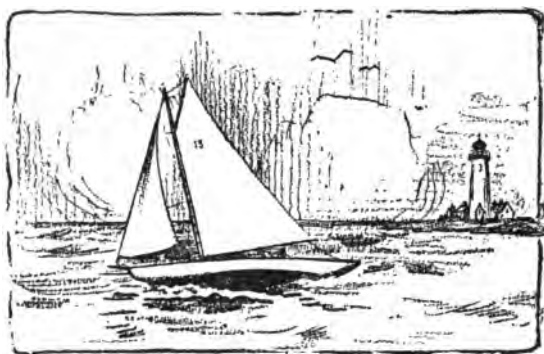
might part with the model the next day to a total stranger for a smaller sum, for such is the nature of the denizen of the Cape. This contrary-mindedness and disinclination to do a favor is not unusual, but as against this trait, he will be found to be a genial host and a kindly acquaintance often generous beyond his means.

And so to-day we witness the passing of the models, last relic of the olden days, the golden days of Cape Cod, from those tiny Cape cottages built by these same sturdy sea captains to the comfortable mansions of the summer people whose knowledge of the sea is secured in July and August by an occasional dip, a sail in a knock-

CAPE-CODDITIES

about, and a glimpse of a glorious sunset over the shining waters of the Atlantic Ocean.





XI

“A WET SHEET AND A FLOWING SEA”

IN my youthful days I often wondered at the regularity with which elderly people would go out to drive day after day, sitting in the same seat in the same carriage, behind the same horses, driven by the same coachman along the same roads. It seemed to me a lamentable waste of time. And now I have more or less (less as the years advance) the

CAPE-CODDITIES

same feeling toward those couples whose chief relaxation is a spin along the state roads of their district in a well-appointed limousine, for I belong to that class of motorists who use their cars purely for convenience and prefer the fresh-air variety.

Yet, when it comes to sailing, for some reason which I am at a loss to explain, my views are diametrically opposite. I am content to clamber into my knockabout and to perform the routine labor of pumping "her" out, unfurling and hoisting the sail, and casting off, then to cruise lazily about our harbor, sailing over the same course day in and day out with little variation, and to do this either

CAPE-CODDITIES

alone or with a kindred spirit as the case may be.

To many these cases may seem parallel, but to me they are widely variant. There is a formality to a drive or a motor ride which starts with the costume worn and ends with the character of conversation.

On a boat — and I am speaking entirely of small boats — the costume is of a heterogeneous variety and the conversation of the freest. In fact, there is something so thoroughly unconventional about life on the water that even the stiffest of Brahminian Bostonians may occasionally be heard to indulge in slang and to assume a rakish attitude, perched upon deck.

CAPE-CODDITIES

But such criticism, or rather comparison, is highly superficial. There is more to it than external appearance; for sailing brings out the best in human nature, encourages philosophy, develops independence of thought and act, and largely so because those who sail shed their coating of reserve and allow their natural feelings fair play. There is no quicker way to know and size up one's friends than to go on a cruise for a few days. There is no better way of enjoying and extending one's friendships with both sexes than spending a few afternoons sailing together, skirting along the shore with a fair breeze, nor is there any quicker way of learning the weaknesses of certain indi-

CAPE-CODDITIES

viduals than by observing their conduct under perhaps less peaceful conditions at sea. For the best of skippers cannot predict weather conditions, and there are times when wind and storm will come upon one with surprising quickness.

Here in New England, the sailing fraternity may be divided into those who prefer the Maine coast and those who cling to the Cape and Buzzard's Bay. As one of the latter class, I always claim our supremacy by stating two points which I believe to be true: first, that we have more wind, and second, that we have less fog. To me this is convincing. The southwest wind which cools the Cape, blows nearly every day

CAPE-CODDITIES

in summer and with a strength that often requires reefing. Rarely between ten in the morning and five at night will the mariner find himself becalmed in Buzzard's Bay. In fact, the stranger is generally amazed to see girls and young boys sailing without the presence of an older person, in what looks to him a three-reef breeze.

They have been brought up to it and realize that vigilance must always be exercised on the water, and they know the qualities of their boat and the power of the wind. I know of no better training for youngsters who are proficient in swimming than to learn to sail and race their own little boats. The development of a power of observa-

CAPE-CODDITIES

tion, accurate judgment, prompt action, and steady nerve comes more quickly with the handling of a boat than in any other way for those who lead our kind of life.

Sailing is confined to boats, but boats are not by any means confined to sailing, for latterly there are almost as many motor-boats to be found chugging along the shores of the Cape as there are sailboats, although I personally always pity the groups in the stern of one of these modern affairs which makes its noisy passage leaving an odorous wake of oil and smoke. But doubtless I am extreme in my views and old-fashioned in my taste.

Give me a knockabout — a fifteen-

CAPE-CODDITIES

footer for real comfort for a daily sail, a stiff member of the twenty-one-foot class for cruising along shore. Give me a comfortable catboat, broad of beam, for a family boat or for a day's fishing, or let me idle about in one of our little twelve-foot Herreshoff class with my small son. In any one of them I shall find the same sense of freedom, the same sort of pleasure, and the same love for the salt sea, and from each I shall look at the windy, sandy shores of the Cape with the same loyal affection.





XII

MY CAPE FARM

IF I have thought of it at all, I have thought of myself as a sociable cuss. Not that I like sociables ; I hate them, and that is probably why they have gone out of fashion. What to my mind defines sociability is the quality of enjoying and giving enjoyment to others, singly, in pairs, or in groups ; and in present days sociability is gen-

CAPE-CODDITIES

erally put to the test either at dinners or at week-end parties, for these are the principal points of contact between friends.

Latterly, however, my social bent has been somewhat warped by the growing desire on the part of my friends to boast of their success as producers of food. Whether it be premature senility, the result of conservation, or merely the acquisition of wealth, which is being rapidly returned to its own through the purchase of land and the ingenuity of gardeners, it is a fact that at dinners of the cut-and-dried variety or a family gathering, or, more especially, over a week-end, my host invariably calls attention

CAPE-CODDITIES

to the asparagus with a modest cough as prelude, or my hostess mentions the number of eggs the farmer brought in yesterday to be put down in water-glass. Sometimes it is not asparagus, but peas, or corn, or perhaps a chicken, or even a ham. This the host. His wife more generally dilates upon the milk products and the preserving end of the bill of fare; but, for whatever cause, the thing got a bit on my nerves, so that I found myself thinking of reasons for not visiting So-and-So or for not dining with the Thingum-Bobs on Friday week, when I knew we hadn't a thing on earth to do.

This frame of mind was, of course,

[142]

'CAPE-CODDITIES

all wrong. In the first place, these friends were as good and as loyal as they were ten years ago, when, if they had any garden at all, it consisted of a half-dozen radishes that no one could eat without summoning a physician within four hours. Furthermore, the aforesaid asparagus, with its accompaniments, was better than the ordinary variety which has decorated the entrance to the greengrocer's establishment for the better part of a week. And lastly, as I had no garden myself, why not enjoy the best and be thankful?

Probably the reason was envy and the season spring, when, contrary to budding nature, one's own physical

CAPE-CODDITIES

being is not as blooming as it should be.

Be this as it may, the final result has probably made me more of a bore to my friends than they ever were to me, for to get even with them I conceived the happy idea of catering to their epicurean tastes from my own farm, which consisted of a scant two acres of shore line in that section of Cape Cod which is renowned for its scarcity of soil.

The idea came to me soon after we had moved down for the summer months, and my wife became so enthusiastic that it really became our hobby for the season. We had planned for a succession of week-ends, and

CAPE-CODDITIES

many of these agricultural intimates were coming to us for return visits. We would feed them upon the fat of our land or in this case largely the fat of the sea.

It is interesting and instructive to learn just what varieties of food can be secured from the immediate vicinity of any place, and to me especially so of our Cape Cod.

During the entire summer I felt so personal an interest in our section of the country that my small son exclaimed one day that I talked as if I owned the entire Cape. I know I felt a proprietary interest in certain fishing grounds, the whereabouts of which I would not confess even on the rack.

CAPE-CODDITIES

And it amuses me now to think of the circuitous routes I used in getting to certain berry patches and stretches where mushrooms grew overnight. In variety our dinners, or high teas (as we always called them), were infinite as compared with those of our asparagus associates.

I remember one little repast which pleased me mightily, because it came at the end of one of those hot days — they are rare on the Cape — when the wind refused to blow from the southwest. We had had our swim, but even golf was a bit too strenuous and food does not have its usual appeal on such occasions even on the Cape. It also happened that our friends of this par-

CAPE-CODDITIES

ticular week-end were literally congested with land and its more generous offerings, and so when I practiced the usual humiliatory cough and remarked that our simple repast came from my Cape farm and they must excuse its simplicity, I was just a trifle nervous.

The melons were a gift from my plumber, a curious combination. If only the plumber could plumb as well as he grows melons upon his barren sandpile, our summer comfort would be increased by fifty per cent. No better melons can be found than these little fellows. The clam-broth, from my own clam-bed, was an appetizer. I seriously believe that there is real energizing value in such clam-broth

CAPE-CODDITIES

as this, boiled down almost to a *liqueur* from newly dug clams. Then came scallops plucked that day from the seaweed, where they lie at low tide blowing like miniature whales. We all know how delicious they are in the autumn served with *tartare* sauce, but have you ever tasted them creamed with a dash of brown sherry and served with fresh mushrooms?

Just as the plumber supplies us with melons, so the fishman is the local authority on lettuce. Our salad, therefore, came from Captain Barwick, crisp and white with slices of early pears from a near-by tree, and with it my favorite muffins of coarse, white cornmeal toasted, thin, and eaten with

CAPE-CODDITIES

beach-plum jam made from our own bushes in the bramble patch close by the lane, and cottage cheese which our cook positively enjoys making.

My wife had felt this to be a rather scant repast for those used to dinners of six or eight courses, and so the dessert was a substantial huckleberry pudding served cold from the ice-chest with whipped cream, and to take the chill off we had a small glass of my home-made wild-cherry brandy with our coffee; and while there are other beverages which are preferable I confess it gave us a delightfully comforting sensation.

The hearty, genuine praise from my guests gave me a fleeting feeling

CAPE-CODDITIES

of shame at the way I had criticized their asparagus and numberless eggs, but the pride of success carried me with it.

“Oh, this is not anything ; wait until to-morrow and let me show you the varieties which my farm offers. In the catboat, I have a well in which we keep fish alive. What say you to a butterfish for breakfast? For dinner we can either go out to the fishing grounds for something with a real pull to it, or we can motor over to Turtle Pond for a try at a bass, or we can golf and take a couple of lobsters out of my pots bobbing up and down out there by the point.”

“Hold on,” my friend interjected.

[150]

CAPE-CODDITIES

“What I want to know is whether every one on the Cape lives in this way, for if they do I think I shall be moving down here by another season.”

“No,” I replied, “very few. In the first place, most people continue to do just what their neighbors do — tennis, golf, swimming, sailing. The fishing is poor unless you know where to go. The natives are not helpful unless you know how to take them, and that is why I call it all *my* farm, because I have taken it all unto myself and I reap a reward much richer than I deserve.

“I pass much of my time hunting up new fishing grounds or the lair of

CAPE-CODDITIES

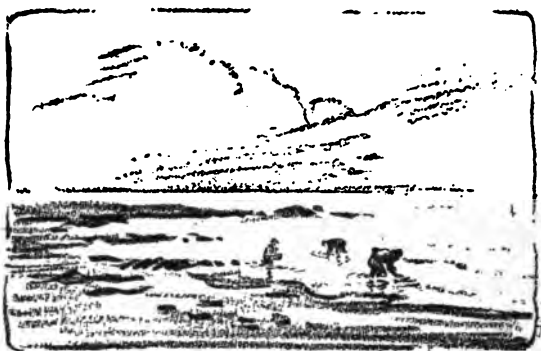
the soft-shell crab, or even the quiet, muddy recesses of the 'little necks.' I wander about the country exploring new berry patches, for there is a great variety of these. And if you must know, I fraternize with certain delightfully conversational individuals who sell me delicious fruit and vegetables as well as ducks and chickens and a variety of odds and ends, as, for instance, that little model over there. But you could not buy them. No, sir, not until you learned the art of negotiation to perfection. You may manage your estates to the Queen's taste, but when it comes to managing a Cape-Codder, ah, that's not done so easily."

I see my friends leading the con-

CAPE-CODDITIES

ventional summer life and wonder at times how they can come to the Cape year after year and yet be strangers to its real fascination, because it has many other hidden allurements besides this quest for food.





XIII

SCALLOPS

SPORT, according to our highest authorities, is "that which diverts and makes mirth," and from this general interpretation the term has been applied to games, and to the various forms of hunting and fishing commonly known, but I have yet to hear the word applied to the pursuit of the scallop. And yet, scalloping more

CAPE-CODDITIES

nearly approaches the original meaning of sport than most of the games which are commonly classed under this heading, for not only does the scallop divert and provoke the mirth of his pursuer, but the pursuer in turn evokes a similar feeling and impression upon those who chance to see him in action. Those who have never tasted the joys and excitement of a scallop hunt have not completed their education as real sportsmen. It is true that Badminton does not devote a volume to this particular pastime ; it is equally true that the progressive American journalist, whose duty it is to supply the sporting columns of his paper with all the news of current athletic events,

CAPE-CODDITIES

invariably ignores this important item, and our mighty Nimrods fail to include scalloping among their feats of prowess; but in each case the cause of the omission invariably can be traced to ignorance, and to the fact that your scallop-hunter is a wary fellow who says but little and boasts less, fearing inadvertently to disclose the favored haunts of his favorite prey. And so, for these and divers causes, the pursuit of the scallop lies in obscurity.

On the other hand, the scallop has been a friend to man for generations in many and varied ways. In the days of the Crusaders, the pilgrims returning from the Holy Land wore scallop shells, gathered upon the coast of

CAPE-CODDITIES

Palestine, as a badge or mark of the success of their wanderings. At an equally early period the scallop shell became an important factor in design, from architecture, through the various stages, to the adornment of women's clothes. The scallop shell is discovered embedded in the capitals of many famous columns. It will be found chiseled upon the keystones of countless arches. Scarcely a theater but possesses it among its mural decorations. Upon the title-pages of books it serves in an equally decorative capacity, while the scalloping upon the hems of dresses brings the scallop's shell familiarly into our family life.

In addition to all this, certain fami-

CAPE-CODDITIES

lies of ancient lineage have adopted the shell as a part of their crest. Heraldry traces the cause to the days of the Knights of the Holy Land.

The scallop, therefore, has been sought by generations, and is no marine upstart basing his claims to popularity upon his flavor as a savory dish for a modern Lucullus. In short, the scallop is historic, artistic, decorative, and delicious. In real life, however, he is one of the numerous marine bivalve mollusks of the genus *Pecten*, and to those who have not already recognized the symmetrically ribbed shells so often found upon our beaches, a dictionary is recommended.

Although his past is buried in the

CAPE-CODDITIES

annals of the Holy Land, in Ægean waters, and upon the banks of the Red Sea, just at present he is rampant upon the shoals of Cape Cod, and it is here that our scallopers pursue him during the weeks previous to early autumn days, when the Cape fisherman wages destruction with sea-rakes, seines, and nets.

Imagine the tide running low, disclosing the bright, sandy bottoms of countless inlets, the ripple of the waters making dim the outlines of the corrugated surfaces of the submerged shore. At such times, and in certain localities which shall be nameless, the wily hunter issues forth in bathing-suit or rubber-booted, or even —

CAPE-CODDITIES

in the enthusiasm of the moment — fully clothed, with pail or basket sometimes attached to his waist by a cord. He wades in at a slow pace, gazing searchingly into the depths of the water for a sign of his prey, choosing at first the shoals where it is easier to see, and as likely a spot as others for fine shellfish. And here a curious phenomenon is discovered ; his eye catches the glint of a shining shell and he stoops to secure it, only to find a half shell without life. The brighter the shell, the less chance of its being inhabited. The scallop covers himself when possible with a few strands of seaweed, or buries himself in the mud or sand, and therefore, when in the

CAPE-CODDITIES

full bloom of life, he looks like a hoary, hairy thing of past history, an encrusted shell from which life might have departed a century ago. If, by good fortune, the hand comes in contact with him, however, his vitality is made quickly evident by a savage snap of his shell, as the large muscle expands and contracts in self-defense, and should a finger become caught between the upper and lower shells, the hunter is in for a sharp nip. The quest leads from spot to spot, from shoal water out into deeper parts, until one finds one's self waist-deep, bending and stooping, raking the bottom with frenzied hand groping for these tufted prizes, and when one is

CAPE-CODDITIES

fortunate to secure a good spot, the hand never fails to bring up one, two, and sometimes more, of these irate creatures whose antics evoke admiration and whose strength seems almost abnormal.

There are bright, warm days in the latter part of August when on many parts of the shore may be seen men, women, and children by scores, curiously and wonderfully garbed, grotesquely postured, wading the waters in this fascinating pursuit, which, after the quiet glamor of clam-digging, possesses the excitement of big-game hunting. Were it not for a strict law these same hardy hunters would, undoubtedly, be found in dories, plying

CAPE-CODDITIES

a small net for the same purpose, but the very crudity of the chase has its advantages, for one comes close to the life of the sea bottom, and all that goes on there, from the waving masses of seaweed of many varieties to the countless forms of life clinging to the rocks, embedded in the mud or darting through the water. The sea bottom is as busy as Broadway, and as full of mystery.

The reader must not for a moment imagine the scallop, however, as belonging to a sedentary type of life. Often he is found moving at a high rate of speed through the water, propelled by this same muscle which provides his defense. By opening and

CAPE-CODDITIES

closing his shell he moves forward and upward or downward, apparently at will, digging himself into the mud and effectually hiding himself from his pursuers. He deserves the respect of his superiors in the animal kingdom, and at the same time proves himself fair game by his prowess.

And so one is led out and out still farther, until, bent upon securing one more victim, a mouthful of water and smarting eyes give notice that those beyond are safe for the time being, and the successful hunter returns to his boat with a full pail, while the sun, enormous and a deep orange red, is just touching the horizon.

The conquest is not complete, for

CAPE-CODDITIES

it is no easy task to open these snapping bivalves, and thus to extract the muscle that is the edible portion, and the full reward is by no means reaped. That is left for the evening meal, when the scallop becomes the *pièce de résistance* cooked in one of a hundred ways. But of this let a *cordon bleu* convince you, whose best efforts are secured and deserved by the scallop.





AFTERMATH

AND now comes the fall of the year with days gorgeous in coloring, from the clear crystal blue of the sky reflected in sparkling waters to the flame-tinted stretches of woodland watched over by tall pines and guarded by stately cedars. The sandy roads glisten in the distances, marking off sections of the Cape country as a huge picture puzzle. The atmosphere seems purged of all imperfection, giving to every town and hamlet a spotless appearance bright with late flowers and fresh fruit awaiting the harvest. Azure days of October, the most perfect of the year. It is then that regretfully we say "au revoir" to our beloved Cape in all its glory.

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